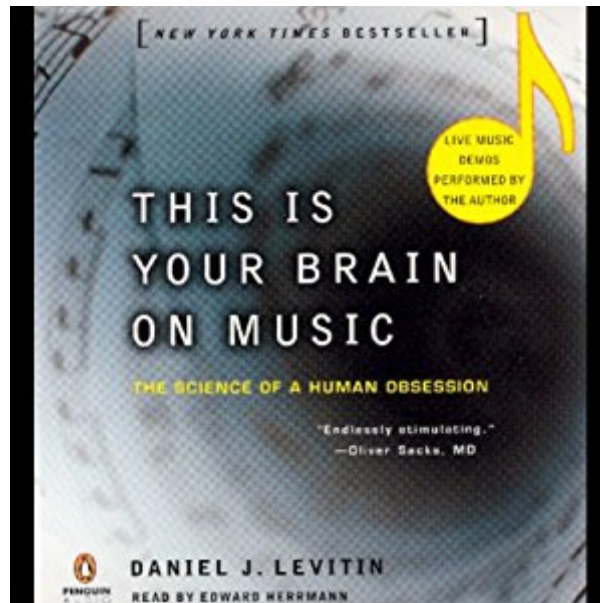




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# This Is Your Brain On Music: The Science Of A Human Obsession



## Synopsis

A fascinating exploration of the relationship between music and the mind—and the role of melodies in shaping our lives. Whether you load your iPod with Bach or Bono, music has a significant role in your life—even if you never realized it. Why does music evoke such powerful moods? The answers are at last becoming clear, thanks to revolutionary neuroscience and the emerging field of evolutionary psychology. Both a cutting-edge study and a tribute to the beauty of music itself, *This Is Your Brain on Music* unravels a host of mysteries that affect everything from pop culture to our understanding of human nature, including: • Are our musical preferences shaped in utero? • Is there a cutoff point for acquiring new tastes in music? • What do PET scans and MRIs reveal about the brain's response to music? • Is musical pleasure different from other kinds of pleasure? *This Is Your Brain on Music* explores cultures in which singing is considered an essential human function, patients who have a rare disorder that prevents them from making sense of music, and scientists studying why two people may not have the same definition of pitch. At every turn, this provocative work unlocks deep secrets about how nature and nurture forge a uniquely human obsession.

## Book Information

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## Customer Reviews

Far less scholarly than Oliver Sack's "Musicophilia," this is a fun read for waiting rooms, the beach, or bus trips, to carry around in your purse or pack. Delightful descriptions of music and peoples' relationship to music. One doesn't need to be any manner of expert to read and enjoy it. Also, it's repeatably dip-able, just any place. Quite enjoyable and very clear. Explains all that "mysterious

stuff" about music, about which one could never quite get a clear picture.

Levitin brings a non-technical approach to the neuroscience of musical enjoyment. Bravo!

A book that gives good insight into the complex interaction between music and the brain. I already had a copy. I liked the book enough that I purchased this copy as a gift.

I am greatly enjoying this book and plan on reading it again as I finish the last few chapters. I am interested in music AND the brain. I think this is a requirement for appreciating this book. Another requirement MAY BE a basic understanding of music theory (reading musical notes) (so you can connect the dots better). I am still reading, but it is a definite five-star for me.

I am an amateur (at best) musician and a novice when it comes to music theory. I bought the book (kindle version) hoping to feed my need to have a deeper understanding of the relationship between music and the human brain. I was intrigued by the first two chapters then bored completely with the remainder of the book. The middle of the book seems to be an oddly self serving rambling on about some experiences of the author. Two stars because I did at least learn a little about how deep seated the neural processing of music is in our brains. While reading this I had an experience with a elderly friend at a nursing home. We were caroling at the rehabilitation center and my friend, due to several strokes, has lost her ability to speak. However, she was still able to sing the words to the Christmas carols we sang for her. This was an interesting life experience I had while reading this book that was, to some degree, explained in the book. After reading the first two chapters I bought two paperback copies of this book and gave them to friends. That was a mistake. Lesson learned - finish the book before recommending it to friends. I would not recommend this book.

Authoritative, well written, fun, educational and enlightening. A good read for anyone who loves music or interested in how our brains interpret and learn music.

Not what I had hoped for. Probably OK but it failed to adequately discuss the links between why music alters emotional states.

Fascinating read. Written for a layperson to understand. I really enjoyed this book.

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Happy Brain: 35 Tips to a Happy Brain: How to Boost Your Oxytocin, Dopamine, Endorphins, and Serotonin (Brain Power, Brain Function, Boost Endorphins, Brain Science, Brain Exercise, Train Your Brain) This Is Your Brain on Music: The Science of a Human Obsession Nursing: Human Science And Human Care (Watson, Nursing: Human Science and Human Care) Obsession: First Four Books In The Billionaire's Obsession Series The Billionaire's Obsession: The Complete Collection Boxed Set (Mine For Tonight, Mine For Now, Mine Forever, Mine Completely) (The Billionaire's Obsession series Book 1) Nolte's The Human Brain: An Introduction to its Functional Anatomy With STUDENT CONSULT Online Access, 6e (Human Brain: An Introduction to Its Functional Anatomy (Nolt) Human Caring Science: A Theory of Nursing (Watson, Nursing: Human Science and Human Care) Start Your Music Business: How to Earn Royalties, Own Your Music, Sample Music, Protect Your Name & Structure Your Music Business Brain Games® #1: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) Brain Games #3: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) Why Isn't My Brain Working?: A Revolutionary Understanding of Brain Decline and Effective Strategies to Recover Your Brain's Health Activate Your Brain: How Understanding Your Brain Can Improve Your Work - and Your Life 100+ Word Fill In Puzzle Book For Adults: The French Style Brain Teaser Crossword Puzzles With Fill In Words Puzzles for Total Brain Workout! (A Total Brain Workout Series) (Volume 1) Primate Brain Maps: Structure of the Macaque Brain: A Laboratory Guide with Original Brain Sections, Printed Atlas and Electronic Templates for Data and Schematics (including CD-ROM). Blood-Brain Barrier in Drug Discovery: Optimizing Brain Exposure of CNS Drugs and Minimizing Brain Side Effects for Peripheral Drugs Change Your Brain, Change Your Body: Use Your Brain to Get and Keep the Body You Have Always Wanted The Total Brain Workout: 450 Puzzles to Sharpen Your Mind, Improve Your Memory & Keep Your Brain Fit National Geographic Kids Brain Games: The Mind-Blowing Science of Your Amazing Brain Boost Your Brain: The New Art and Science Behind Enhanced Brain Performance A Colorful Introduction to the Anatomy of the Human Brain: A Brain and Psychology Coloring Book (2nd Edition)

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